



SPIRITUAL HEALTH

CONTACT INFORMATION

OLFAT SAKR

P. 519.257.5111 x72239

C. 519.919.7247

olfat.sakr@hdgh.org

SARAH STOCKFORD

P. 519.257.5111 x73647

C. 519.990.1520

sarah.stockford@hdgh.org

REV'D HILTON GOMES

P. 519.257.5111 x74817

C. 519.563.7532

hilton.gomes@hdgh.org

CHAPEL

» EMARA 2ND FLOOR.

HDGH has a beautiful Chapel for quiet reflection and prayer. The Chapel is located on the second floor of the Emara Building, to the left when getting off the elevators. The Chapel is open 24 hours a day.

MULTI-FAITH QUIET ROOMS

» EMARA 1ST FLOOR. To the right when first entering the building

» TAYOUR 1ST FLOOR. Near the Casgrain Elevator

The Multi-Faith/Quiet rooms are available for use 24 hours a day.

